

### **Controlling Your Destiny:**The Reemergence of Competitive Strategy in Healthcare

January 2025

The Courage to Change Healthcare.™

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#### Roadmap



**DISCUSSION POINT ONE** 

Today's reality: key observations about the US healthcare provider market for 2025 and the years ahead

**DISCUSSION POINT TWO** 

Four strategic differentiators for health systems

**DISCUSSION POINT THREE** 

The problem, or the solution?

### Today's Reality

### Industry financial pressures have abated somewhat—a reprieve that likely is only temporary.

While financial pressures have eased post-pandemic, many US health systems still face challenges in achieving strong financial performance.

Despite areas of improvement, Moody's, Fitch, and S&P all cite continuing pressures and challenges ahead for healthcare.

By 2032, healthcare spending is projected to reach 20% of GDP, and the HITF<sup>2</sup> may face insolvency. CMS options include the following:

- ~ 36% of hospitals, despite improved performance, have negative margins.<sup>1</sup>
- **~ 2%** year-over-year decline in operating margin nationally.<sup>1</sup>

- ← Labor and wages
- ⇔ Supply chain
- Ambulatory demand
- Revenues/payment

- Reduce reimbursement;
  HITF could only fund 89%
  of today's costs.
- Extend eligibility age.
- Adopt means testing.
- Limit covered services.

<sup>1</sup> Kaufman Hall August 2024 National Hospital Flash Report.

<sup>&</sup>lt;sup>2</sup> CMS 2023–2032 National Health Expenditure projections.

#### **Getting Clinical Process Back to Gold Standard**



#### **Foundational Realities in US Healthcare**





Laser Focus on Cost



Growing the Ambulatory Enterprise



Robust Physician Partnerships



Opportunistic Market Consolidation



Sustainable Revenue Model

**Universal Objectives of Healthcare Organizations** 

**Margin Improvement** 

**Improved Access and Consumer Experience** 

Provider
Alignment and/or
Integration

Strengthened Market Position

**Financial Stability** 

#### From Survival to Strategy

"Market players" focus on excelling at the four quadrants on the right; they seek to be as good as their competitors in all four, and ideally better than the competition in at least one.

This is not strategy; it's survival.

Optimize Cost Structure to Deliver a Sustainable Margin

Redesign Delivery
Network to Win HighGrowth Service Lines

Table Stakes

Secure Premium Pricing through Scope, Scale, and Relevance

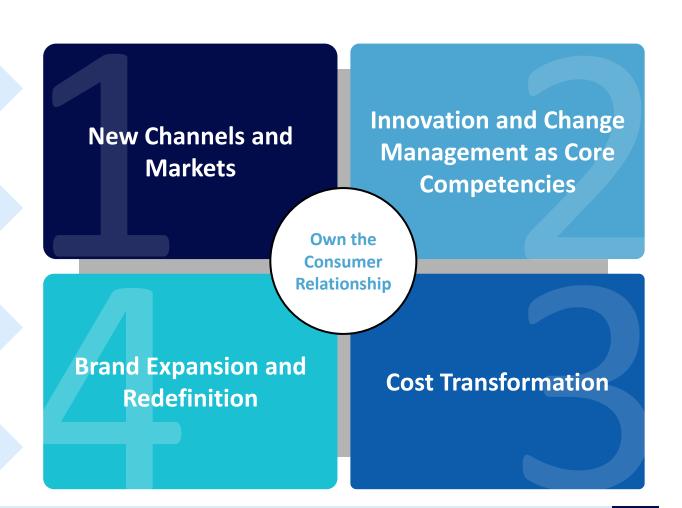
Advance Physician
Alignment and
Integration

# The Reemergence of Strategy as a Differentiator

#### From Market Player to Market Maker

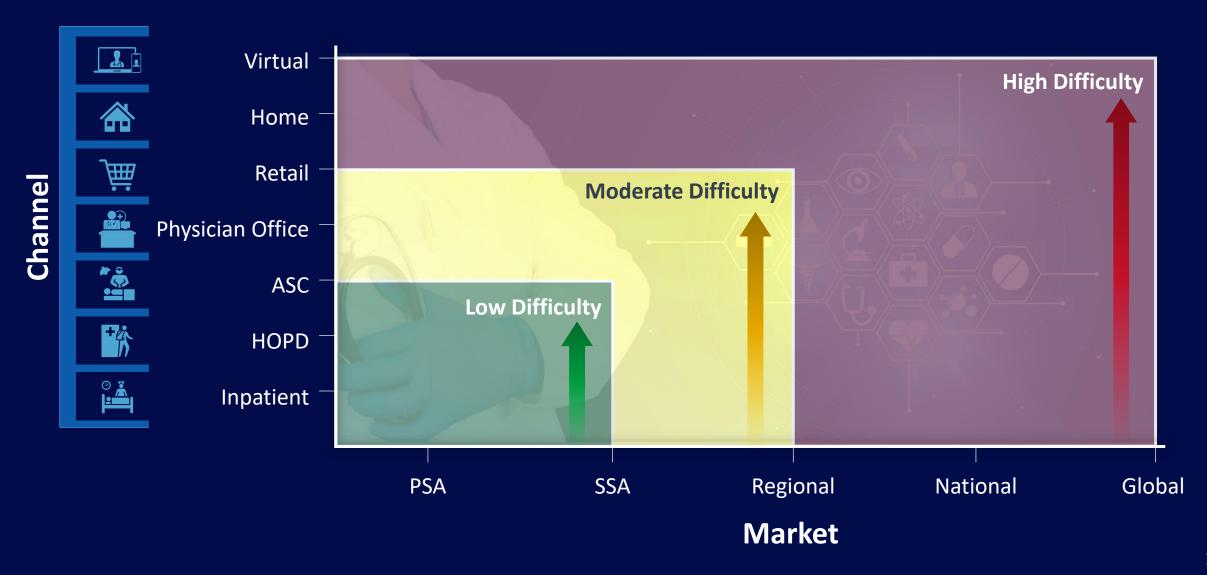
"Market makers"
view strategy as a set of
decisions, with associated
actions, tools, and metrics, to
differentiate themselves in at
least one of the four quadrants
on the right.

They view their role as serving consumers longitudinally versus transactionally.



# **Entering New Channels and Markets**

### Strategic Differentiator: Entering New Channels and Markets



#### The Changing Nature of Competition

#### **Legacy Model**

Competition is the neighboring health system.



#### **KPIs**

- Inpatient market share
- Revenue growth in key service lines

#### **Emerging Model**

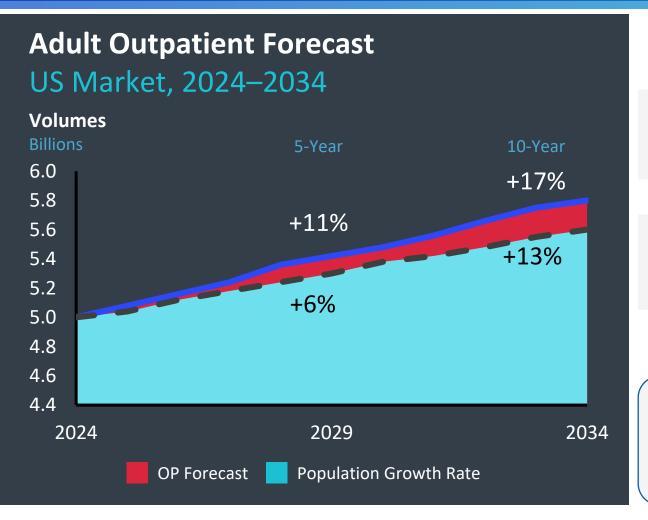
Competition is any entity targeting the healthcare consumer.



#### **KPIs**

- Population market share Stickiness
- Share of wallet
  Logins

#### The future of healthcare is ambulatory—by any metric.



**Shifting Care Settings: From Inpatient to Outpatient** (2024–2034)



**Outpatient Growth** 

+17%



Ambulatory Surgery Centers (ASCs) on the Rise (2024–2034)

**+21%** Increase in ASC Volumes to 44 Million

#### **Evolving Care Access and Usage**

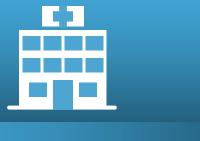
Home health, urgent care, and virtual care are all set for growth.

Integration of digital health solutions.

23% of all E&M visits will happen virtually by 2034.

#### The majority of US healthcare is still provider-centric.

- Financial success from acute care volumes.
- Patients traveled to system assets.
- Growth via asset construction and acquisitions.
- Integrated patient medical record did not exist.



THE PAST

- Financial success from acute care volumes.
- Patients directed to system assets.
- Growth via provider integration and asset acquisition.
- Partially integrated medical record, controlled by the health system.



THE PRESENT

- Financial success from ambulatory volumes.
- Community health rewarded.
- Care comes to the patient.
- Growth through capabilities.
- Consumer-controlled medical record integration.



THE FUTURE

### Those who win will do more than stay afloat—they'll make bold, strategic moves.

Translating
Operational
Performance
into Strategic
Advantage

- Leading health systems will take **principled**, **differentiated bets** that build upon a foundation of **operational excellence**.
- These bets will not be reactive; they will be intentional and based on data, insights, and strategic priorities.
  - Expanding into new markets (adjacent, regional, national, global)
  - Investing in emerging care channels (home, digital, virtual)
  - Assets that bring care closer to the consumer
  - Developing new partnerships and collaborations (with traditional and nontraditional partners)

# Innovation and Change Management as Core Competencies

### Strategic Differentiator: Innovation and Change Management as Core Competencies



Engagement Is (Slowly) Improving, but Still Lags



Leadership Engagement Decline



Millennials: Low Engagement, High Potential



Turnover Remains High



The Cost of Turnover on Patient Care

Post-pandemic engagement hasn't rebounded to previous levels. While 50% of roles improved, 20% remain flat, and a third continue to decline. Leaders are increasingly disengaged, with engagement dropping for the third year in a row—now down 3.7%.

Millennials, our future leaders, report lower engagement than any other generation (3.89 versus 4.12 on a 5-point scale).

20% of healthcare employees left their organization in 2023, increasing to 25% for those with two years' tenure or less.

Nursing roles are the most affected group.

For every 1% rise in turnover, patient experience ratings drop an average of 2 percentile points for inpatient care.

### The Disruptive Math of Turnover, Engagement, and Innovation

If your annual turnover is: Then your entire organization is "new"...



#### **IMPLICATIONS**

- Most employees don't know who you were pre-pandemic.
- The mission, vision, values, and culture need to be constantly taught and retaught.
- The attributes that you think differentiate you . . . do not.

- The locus of engagement is the "job," not the "organization."
- Employees do not buy into your long-term strategy.
- Innovation does not take hold.

#### From Engagement to Innovation





Precision medicine



Genomics



Predictive analytics

**Clinical Innovation** 

Creates opportunities for



Funds investments in

**Business Model Innovation** 



Business transformation at scale



Big data/analytics



Superregional payment bundles



Ambulatory surgery



Retail pharmacy

#### No discussion of innovation is complete without AI.

### Significant Growth Forecasted in the Healthcare Al Market



**2024:** \$19.5 billion

**2030:** \$187.8 billion

#### **Al's Pivotal Impact Areas**

- Radiologic Interpretation
- Health Records
- Laboratory Testing
- Personalized Medicine
- Drug and Medical Device Development
- Disease Management

- Virtual Nursing
- Cybersecurity
- Pharmaceutical Dosing
- Public Health Screening
- Address Clinician Burnout
- Automate Administrative Tasks



#### **New Smart Hospital Coming to Cypress, Texas**

When Houston Methodist Cypress Hospital opens in the first quarter of 2025, it will feature the latest in digital healthcare innovation that will enable the hospital to create a patient-centered building built for the future of medicine.

### **Cost Transformation**

#### **Strategic Differentiator: Cost Transformation**

Providers are driving higher costs than other sectors in the industry.



Incrementalism is not solving the problem.



The industry needs radical transformation.

Adapting the "shared use"

model (e.g., Civica Rx) to

other applications

improve")



National Expenditures

National health expenditures will hit \$7.7 trillion (19.7% of GDP) by 2032; providers are responsible for 72% of the cost increase in the past decade.

Family coverage premiums increased

by 7% in 2024 and are expected to

rise another 7% in 2025, marking a 47% rise over the past decade, far



Regulators

Rising Costs → Payment Cuts

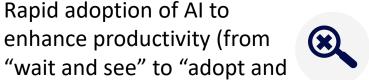


- Steer away from high-cost providers.
- Move out of network.
- Increase prior authorizations and denials.



• Employers

Direct contract with providers/narrow network



 Large-scale partnerships to address root causes of poor health (e.g., Healthy State)



2025 Forecast

outpacing inflation.

**Cost Surge** 

US employers covering healthcare anticipate a 5.8% cost increase.



Disruptors

- Consumer-centric models
- Cherry-picking favorable patient groups



### Cost Transformation Imperative Also Driven by Demographics and Comorbidities

Despite declining utilization rates overall, which will impact lower-acuity community providers the most, the progressive multichronic and stable chronic population base will almost double by 2035, driving up demand for subspecialty services.

These patients will require care coordination across an integrated continuum and delivery network to mitigate preventable hospital admissions.



Stratum	Current % of Population	Current % of Spend	2035 % of Population
High-Cost Episodic, Medically Simple	1.1%	12.0%	1.3%
High-Cost Episodic, Medically Complex	1.8%	12.0%	1.9%
High-Cost Terminal	1.0%	7.5%	2.0%
Irreversible Declining	2.0%	20.0%	2.0%
Progressive Multichronic	5.0%	15.7%	10.0%
Stable Chronic	10.0%	18.0%	18.0%
Episodic, Planned	18.0%	8.3%	18.0%
Episodic, Unplanned	12.0%	5.5%	12.0%
Well, At Risk	-	-	15.0%
Well	35.0%	3.0%	15.0%
Not Accessing Care	15.0%	-	5.0%

### The remaining margin opportunity is almost entirely within the clinical realm.

#### **Cost Performance Drivers**

- Workforce and Labor
- Pharmacy
- Supply Chain
- Centralized and Shared Services

#### **Clinical Performance Drivers**

- Clinical Program Growth
- Provider Network Leakage
   Mitigation
- Access and Throughput
- Care Standardization
- Clinical Portfolio Rationalization

#### **Revenue Performance Drivers**

- Payer Contracting and Compliance
- Revenue Cycle/Denials
   Management
- Coding and Documentation



### Regulatory hurdles are harder to clear; four questions are likely to drive future approvals.

	A TO STATE OF		
V	Vill the Transaction.	Pretransaction Imperative	Posttransaction Imperative
1	Lower the Cost of Care (or slow the trend)	Demonstrate that proposed operational efficiencies will <b>lower costs</b> for patients and payers, not just the system.	<b>Commit</b> to holding price growth below the annual trend and/or national rate of medical inflation.
2	Improve Population Health	Demonstrate that a consolidated system will better address preventive care, chronic disease management, and population health initiatives.	<b>Commit</b> to publishing outcomes on incidence of disease and other public health measures.
3	Enhance Access	Show how consolidation will <b>expand access</b> to services, particularly in underserved or rural areas.	Commit to publishing data on access, wait times, etc.
1	Reduce Health	Prove that the new entity will invest in	Commit to publishing and improving disparities

communities with the greatest needs.

**Inequities** 

in access and outcomes across socioeconomic,

racial, ethnic, and geographic divides.

# Brand Expansion and Redefinition

### Strategic Differentiator: Brand Expansion and Redefinition

For most health systems, mission and margin are (still) very much misaligned.

#### THE PROMISE

To improve the health of the individuals and the communities we serve.

#### The Reality

Our top-five revenue-producing service lines are \_\_\_\_\_

Our five largest capital investments in the past three years have been \_\_\_\_\_

3 Incentive compensation for our top executive team is based on \_\_\_\_\_



LOVE



#### What would a true "health" brand look like?

Most branding today still focuses on diagnosis and treatments.

**Prevention Focus** 

Ease of Use

No one walks away from an interaction with a health system saying, "that was so easy."

Diet, nutrition, exercise, sleep, and self-care are all dominated by non-health system brands.

Wellness Products and Services

Omnipresent

Apps, push messaging, and emails are rare except for pre- and postvisit interactions.

The gap between most existing health system brands, and the aspiration as expressed in their missions, is a chasm.

The options are few:

1 Change the brand.

2 Change the mission.

Accept the consequences of presenting a brand that doesn't match the mission.

### Remember As Good as It Gets? Are we perceived as the problem, or the solution?

- Financial success from acute care volumes
- Patients directed to system assets
- Growth via provider integration and asset acquisition
- Partially integrated medical record, controlled by health system

#### **Defending Status Quo?**

- Unresponsive to high cost, poor access, and variable quality
- Scale for our benefit
- Undifferentiated commodities
- Markets rapidly approaching oligopolies

- Financial success from ambulatory volumes
- Community health rewarded
- Care comes to the patient
- Growth through capabilities
- Consumer-controlled medical record integration



THE PRESENT

#### **Driving Transformation?**

- Addressing cost, access, and quality simultaneously
- Scale for the benefit of patients and consumers
- Differentiated competitors with unique strategies
- Markets that are thriving mechanisms for value creation



THE FUTURE

#### **Take Control of Your Destiny**



#### **Create a Uniquely Compelling Vision**

Most mission and vision statements are the same except for trivial details and word choices.

# Embrace the Return of Strategy



#### **Institutionalize Innovation and Change**

Culture is everything, and "resilience" is reactive, not strategic.



#### **Choose a Strategic Differentiator**

Defending margin and growing core services is not strategy; it's survival. True success requires more than that.



#### **Strategy Is Not Static**

Embrace scenario planning and game theory, not as biannual exercises but as fundamental management disciplines.



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